



Mother of the Bride Plan

CONGRATULATIONS!

This is such an exciting time for you! As your skincare experts, we have curated a mother of the bride treatment plan leading up to the big day, because you deserve to feel your best at every life moment.

- ◆ **6-9 MONTHS:**
Ultherapy®
The Greenwich Secret
Dr. Nichols' Wrinkle Reducer
- ◆ **3-4 MONTHS:**
Dr. Nichols' Liquid Lift
Jawline Contour, Cheek Pop, Liquid Lip Lift
The Complete Chest Rejuvenation
The Greenwich Secret
- ◆ **2 MONTHS:**
Total Eye Rejuvenation
The Greenwich Secret
- ◆ **4-6 WEEKS:**
The Weekender
- ◆ **1-2 WEEKS:**
The Boutique Uplift Facial

Look and feel your
best for their big day
#NaturalAtNichols

Must-Have Products for Glowing Skin



SkinCeuticals
C E Ferulic



SkinCeuticals
Triple Lipid Restore 2:4:2



SkinCeuticals Retinol
0.5 Refining Night Cream

Treatment Glossary For Wedding-Ready Skin

Dr. Nichols' Liquid Lift

Using a variety of dermal fillers, this non-surgical treatment helps to fill and smooth facial wrinkles and folds. Fillers can also be used for volume replacement, bringing back a more youthful appearance.

Dr. Nichols' Wrinkle Reducer

Using our offering of neuromodulators (Botox®, Xeomin®, Dysport®, or Jeuveau®), Dr. Nichols can help smooth fine lines and wrinkles that may be starting to appear, as well as prevent future ones from forming!

The Boutique Uplift Facial

Experience ultimate relaxation with this luxe facial. With a focus on gua sha techniques and uplifting face, neck, and décolleté massage, this facial helps to de-puff, lift, and sculpt the face, as well as aid in lymphatic drainage.

The Complete Chest Rejuvenation

Using a custom combination of lasers and injectables, this treatment package minimizes fine lines, wrinkles, and signs of photodamage for a completely refreshed, youthful chest.

The Greenwich Secret

The Greenwich Secret combines microneedling and radio frequency technology to revitalize the skin and diminish signs of aging on the face as well as all over the body. This dual-action technology stimulates and remodels collagen to improve fine lines, wrinkles, photodamage and scars, all with little to no downtime!

The Weekender

This 30-minute, no-downtime glowup combines our skin brightening laser with an AquaGold® 24K infusion for a dewy, event-ready look.

Total Eye Rejuvenation

Using a custom combination of lasers and injectables, this treatment package minimizes fine lines, wrinkles, and signs of photodamage for a completely refreshed, youthful chest.

Ultherapy®

Ultherapy is the only FDA-approved non-invasive treatment for lifting the skin on the neck, chin, brow and décolletage. Ultherapy uses focused ultrasound to stimulate collagen deep within the skin without downtime. The result? Tighter, better-fitting skin, even on the neck!



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NicholsMD_Dermatology